



DeLand Implant Dentistry

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SEDATION DISCHARGE INSTRUCTIONS

1. Have a companion to drive you home after the sedation appointment and rest of the day. Do not drive or swim until the following morning.
2. Have a caregiver to stay with you for the next 24 hours until the effects of the sedation have worn off.
3. Don't perform any hazardous activities. Do not drive or operate heavy machinery for 24 hours.
4. Do not take over responsible tasks or take important decisions for at least 24 hours until you are fully mentally alert.
5. Do not eat a heavy meal immediately after sedation. If you're hungry, have only a light meal.
6. If you experience nausea, lie down for a while. If the symptoms are intense contact your dentist.
7. Do not smoke or drink alcohol following the administration conscious sedation.
8. Only take pain medication as prescribed by the dentist's directions.
9. You may begin taking you pain medicine on _____ at or after _____ .
10. Only take your pain medicine if you can perform all of the following of your own accord:
 - Read the instructions on the medicine container
 - Remove the lid from the medicine container
 - Identify the pain pill
 - Take the pain pill with a sip of water
11. Do not take any other medications for the rest of the day unless they have been discussed and approved by your sedation dentist or primary doctor.
12. If you have any unusual symptoms or feel discomfort, call your dentist. If unable to contact your sedation dentist, call the closest hospital emergency room.
13. Each patient may respond differently to sedation. Therefore, each patient's recovery time is different based on the individual's unique response to sedation. For some patients it may take more than 24 hours for the effects sedation to be fully worn off.