



DeLand Implant Dentistry

Dr. Jayraj Patel, DMD

150 McGregor Road, Deland, FL 32720/Tel. 386.738.2006 / Fax 386.738.2007/ www.delandimplants.com

PRE-OPERATIVE INSTRUCTIONS

Medical History:

It is mandatory that you complete every question and sign and date the Health History/ Questionnaire form prior to any extraction and/or dental surgery. It is your responsibility to accurately and truthfully answer all the questions. Further, if there is any pertinent information regarding your medical history not covered by the questionnaire, it is your responsibility to advise Dr. Patel of any such information.

Pre-Surgical Oral Hygiene:

You are encouraged to perform optimum oral hygiene prior to your surgical appointment. To get the most effective results, and to assure proper recovery and healing after your extractions and/or oral surgery, it is important to have as clean and healthy oral condition as possible under the existing conditions.

Pre-Surgical Medications: You are expected to take any prescribed medication as instructed. If you are taking any medications prescribed by another dentist or physician, you should inform Dr. Patel of such medications prior to your appointment. Alcoholic beverages should not be used for at least 48 hours prior to your appointment. You should not pre-medicate yourself, unless directed to do so by Dr. Patel. Dr. Patel may have prescribed **antibiotic and anti-inflammatory drugs**. These are to be started in the morning of the day of surgery or as instructed. Women who are taking birth control pills should use extra precautions while taking the antibiotics as antibiotics may cause some birth control medications to be less effective.

The **pain medication** prescribed is to be taken only as needed every 4-6 hours after the surgery. If you are not uncomfortable you do not need to take pain medication.

Dr. Patel may have prescribed you an **oral sedative medication** to help you relax during the surgical procedure. You are to take one or two pills before you go to bed the night before surgery. You will need to take one more pill about 1 hour before your appointment. **You will need someone to drive you to and from the office.**

Diet:

A nutritionally balanced diet is important for proper recovery. The day of the surgery, be sure to have a good breakfast. It should be something light to avoid an upset stomach. However, we request that you have nothing to eat for 2-3 hours prior to your appointment. **If you are scheduled for surgery under Oral or IV sedation, DO NOT eat or drink for at least 4 to 6 hours prior to your scheduled appointment.**

Dress comfortably. You may also want to bring a sweater as the operatory is sometimes cold. **Patients receiving Oral or IV sedation should wear a short sleeve shirt or blouse to allow access for IV and BP cuff.** During the procedure your blood pressure and heart rates will be monitored.

The **fees** for the surgery should be paid for and/or all the necessary financial arrangements completed at your pre-op appointment.

You and/or your escort will be given post-operative instructions and necessary prescriptions before the surgery.